



INTERNATIONAL TRAVEL CHECKLIST



TRAVEL DOCUMENTS

- Passport (valid for at least 6 months)**
or GC _____
- Visa(s) (if required) _____
- Boarding passes or flight confirmation _____
- Travel insurance _____
- Copies of important documents
(passport, visa, ID, insurance) _____
- DL or International Driving Permit
(for car rentals) _____

TOILETRIES

- Toothbrush and toothpaste
(+ charger for electric) _____
- Hairbrush or comb _____
- Shampoo, conditioner, and body
wash (travel-sized) _____
- Razor _____
- Deodorant _____
- Pads,tampons) _____
- Face wipes or cleanser _____

TECHNOLOGY

- Phone and charger _____
- Power bank _____
- Universal travel adapter _____
- Portable Wi-Fi device or SIM card _____
- E-reader or tablet/Laptop and
charger _____
- Camera and accessories _____
- Headphones _____
- Tripod _____

CLOTHING/SHOES ESSENTIALS

- Comfortable walking shoes _____
- Sleepwear and Underwear _____
- Pants and Socks _____
- Shirt, top, sweatshirt _____
- Swimsuit (for warmer destination) _____
- Sandals/flip-flops _____

HEALTH ITEMS

- Prescription medications
(with documentation) _____
- Band-aids, antiseptic, tweezers) _____
- Pain relievers _____
- Anti-diarrheal medication and
electrolyte packets _____
- Hand sanitizer _____
- Face mask _____
- Antihistamines (for allergies) _____

MISCELLANEOUS

- Sunglasses _____
- Umbrella _____
- Tote or Beach bag _____
- Cosmetic bag with makeup _____
- Laundry bag _____
- Small lock for lockers _____
- Travel pillow _____