

THE PACK LIGHT LIST

(IDEAL FOR A BACKPACK)

- ☐ SHIRTS
- ☐ PANTS/SHORTS/LIGHT DRESS
- ☐ BRAS/UNDERWEAR/SOCKS
- □ SHOES
- ☐ JACKET/SCARF
- ☐ TOILETRIES/HAND SANITIZER
- ☐ MEDICINE
- ☐ GADGETS AND CHARGERS
- □ AN INTERNATIONAL

ADAPTER(IF TRAVEL ABROAD)

- \square A PEN
- ☐ CASH/CREDIT/DEBIT CARDS
- ☐ DOCUMENTS/VISA'S
- ☐ A TRAVEL PILLOW
- HEADPHONES
- ☐ A HAIR BRUSH
- ☐ AN EXTRA FOLDABLE

 BAG+BAG FOR THE LAUNDRY
- ☐ AN EMPTY BOTTLE FOR

WATER

- \square SNACKS
- □ A PORTABLE PHONE BATTERY
- ☐ MAKEUP/MAKEUP REMOVER
 WIPES/SPF CREAM/HAND

CREAM/FACE CREAM